

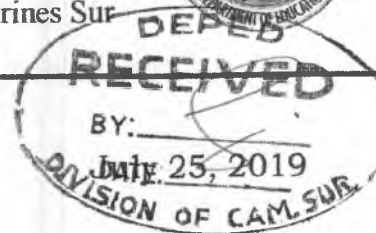


Department of Education

Region V

**SCHOOLS DIVISION OFFICE OF CAMARINES SUR**

Freedom Sports Complex, San Jose, Pili, Camarines Sur



**DIVISION MEMORANDUM**

No. 247, series 2019

**INVITATION TO JOIN THE 2019 POSTER MAKING AND NUTRI-QUIZ SPONSORED BY PLGU- CAMARINES SUR**

**To:**

**PUBLIC SCHOOLS DISTRICT SUPERVISORS  
HEADS OF ELEMENTARY AND SECONDARY SCHOOLS  
SCHOOL HEALTH COORDINATORS  
ALL OTHERS CONCERNED**

1. In celebration of Nutrition Month, the Provincial Local Government Unit of Camarines Sur thru the Office of Agriculturist (OPA) and Nutrition Unit invites to join the Poster Making and Nutri-Quiz on **July 29, 2019 (8am) at Capitol Convention Center, Cadlan, Pili, Camarines Sur.**
2. This activity, with the theme **"Kumain ng Wasto at Maging Aktibo... Push Natin To!"** aims to encourage everyone to be more active and realize the consumption of healthy diets.
3. Participants to this activity are the 20 pupils from elementary schools for the Poster-Making and 20 students from the secondary schools for the Nutri-Quiz. **Participating schools will only send 1 competing student and accompany by 1 adviser/coach only.**
4. The winner will receive a cash prize worth Php. 3,000.00. Non-winners will receive a consolation prize of Php. 500.
5. Attached in this memorandum the list of participating districts (elementary) and schools (secondary), entry form and guidelines for Poster-Making contest and Nutri-Quiz.
6. Teacher who will accompany the student must secure Parent/Guardian consent and ensure the compliance to **Deped Order 66 s. 2017** especially on Child protection, safety and security protocols, among others.
7. Travel and other incidental expenses shall be charged to their respective School MOOE for the teachers, while PTA Fund for the student's subject to the usual accounting and auditing rules and regulations.
8. For further inquiries, please contact **Ms. Marylynn P. Candelaria**, activity Coordinator at **0921-635-2609.**
9. For your information, guidance and compliance.

**CECILLE BERNADETTE P. RIVERA, CESO V**  
Schools Division Superintendent

*SDO CAMSUR: Caring, Engaging, Serving with united hearts*

**LIST OF PARTICIPATING DISTRICT FOR ELEMENTARY AND SCHOOL FOR  
SECONDARY**

**ELEMENTARY**

DISTRICT	NO. OF PARTICIPATING SCHOOLS
Calabanga West	2
Calabanga East	2
Camaligan	2
Canaman	2
Bombon	2
Magarao	2
Ocampo	2
Pili East	2
Pili West	2
Gainza	2
<b>TOTAL</b>	<b>20 SCHOOLS</b>

**SECONDARY**

MUNICIPALITY	SCHOOLS
Calabanga	1. Calabanga NHS
	2. Quipayo NHS
	3. Union NHS
Camaligan	4. Camaligan NHS
Canaman	5. Sta. Cruz NHS
Magarao	6. Magarao NHS
	7. Sulpicio A. Roco
Ocampo	8. Hanawan NHS
	9. Ocampo NHS
PILI	10. Binanuaanan NHS
	11. Pili NHS
	12. Rodriguez NHS
	13. San Jose Pili NHS
Goa	14. Goa NHS
Tigaon	15. San Rafael NHS
Tinambac	16. Don Servillano Platon MHS
BAAO	17. Baao NHS
Nabua	18. Nabua NHS
Gainza	19. Gainza NHS
San Fernando	20. San Fernando NHS
<b>TOTAL</b>	<b>20 SCHOOLS</b>

### **Guidelines for the Poster-Making Contest**

1. The poster making contest is open to twenty (20) elementary students from different school of Camarines Sur.
2. The official participants should be submitted to the Office of Agriculture, Nutrition Unit, at least 5 days before July 29, 2019 using the official entry form
3. The poster must illustrate, interpret and emphasize the theme - "Kumain ng wasto at maging aktibo... push natin 'to!"
4. All needed materials must be provided by the working committee during the contest day such as:
  - ½ Illustration Board
  - Pencils
  - Craypass
5. All entries must be pre-numbered. No other identifying marks will be allowed to appear in the artworks
6. The participants will be accountable to any issues that may arise with regard to the originality and authenticity of the design
7. All artworks must be done on the spot and must be completed within the allotted time of two (2) hours
8. The poster will be judged according to the following criteria:

➤ Originality	35%
➤ Creativity	35%
➤ Relevance to the Theme	30%
9. The winner will receive a cash prize worth Php 3,000.00. Nonwinners will receive a consolation prize of Php 500.00.
10. Students should wear their school ID.



**PROVINCIAL GOVERNMENT OF CAMARINES SUR**

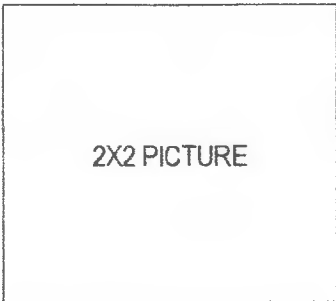
Ecovillage, Capitol Complex, Cadlan, Pili Camarines Sur

Tel. No. 054-873-03-68;

[camsurnutrition@gmail.com](mailto:camsurnutrition@gmail.com)

**ENTRY FORM FOR POSTER MAKING CONTEST**

NAME OF SCHOOL: \_\_\_\_\_  
SCHOOL PRINCIPAL/ TEACHER-INCHARGE: \_\_\_\_\_  
SCHOOL ADDRESS: \_\_\_\_\_  
CONTACT NUMBER: \_\_\_\_\_



NAME OF STUDENT: \_\_\_\_\_  
PROGRAM/ YEAR LEVEL: \_\_\_\_\_

**CERTIFICATION OF ENROLLMENT**

This certifies that the student whose name and picture shown above is officially enrolled at \_\_\_\_\_ SY, 2019-2020. He/she is the official contestant of our school.

\_\_\_\_\_  
Signature Over Printed Name of Coach

\_\_\_\_\_  
Signature Over Printed Name of Principal or Teacher-in-Charge

### GUIDELINES FOR THE NUTRI-QUIZ CONTEST

1. The Nutri-Quiz competition is open to twenty (20) high school students of Camarines Sur.
2. The official participants should be submitted to the Office of Agriculture, Nutrition Unit, at least 5 days before July 29, 2019 using the official entry form
3. The coverage of Nutri-Quiz shall include topics relative to Health, Nutrition and Current events.
4. Questions will be divided into three (3) categories such as:

Health	20%
Nutrition	40%
Current Events	40%
Total	100%

5. The contest is divided into three (3) parts; Easy, average and difficult rounds.
6. Each round consists of 10 questions, to be answered within 10 seconds for easy round, 15 seconds for moderate round, and 20 seconds for the difficult round.
7. The questions in the PowerPoint presentation will be read by the quiz master twice. After the second reading, the facilitator shall say "go". Only then, the participants will be allowed to write their answers.
8. The participants will write their answers on the papers provided by the organizers. All answers should be written in capital letters only. Misspelled and incomplete answer will be considered wrong.
9. After the time limit, the facilitator will say "time's up". The participants must stop writing and must raise their papers.
10. Any sign or form of coaching from the audience shall be ground for nullification of the answer.
11. The point system shall be as follows:

	Easy	Average	Difficult
Correct Answer	1	2	3
No answer	0	0	-1
Wrong answer	0	-1	-2

12. The facilitator shall read and verify the answer of the participants.
13. In case of tie, additional questions shall be given until the tie is broken. The point system for the answer shall be the same as in difficult round.
14. The decision of the board of judges is final.
15. The student who gets the highest number of points is automatically declared as the winner.
16. The winner will receive a cash prize worth Php 3,000.00. Non-winning participants will receive a consolation prize of Php 500.00.
17. Students should wear their school ID.



## PROVINCIAL GOVERNMENT OF CAMARINES SUR

Ecovillage, Capitol Complex, Cadlan, Pili Camarines Sur

Tel. No. 054-873-03-68;

[camsurnutrition@gmail.com](mailto:camsurnutrition@gmail.com)

### ENTRY FORM FOR NUTRI QUIZ COMPETITION

NAME OF SCHOOL: \_\_\_\_\_

SCHOOL PRINCIPAL/ TEACHER-IN-CHARGE: \_\_\_\_\_

SCHOOL ADDRESS: \_\_\_\_\_

CONTACT NUMBER: \_\_\_\_\_

2X2 PICTURE

NAME OF STUDENT: \_\_\_\_\_

PROGRAM/ YEAR LEVEL: \_\_\_\_\_

### CERTIFICATION OF ENROLLMENT

This certifies that the student whose name and picture shown above is officially enrolled at \_\_\_\_\_ SY, 2019-2020. He/she is official contestant of our school.

\_\_\_\_\_  
Signature Over Printed Name of Coach

\_\_\_\_\_  
Signature Over Printed Name of Principal or Teacher-in-Charge